

Relevance of Spiritual education to life

- Life has to be complete in all aspects, quest continues till such time
- Aviation and space research tells how to use air and space to fly aircrafts, but who created air and space ?
- Physics reveals why is the sky blue, but who established sky and its colour ?
- History recorded when did Newton find gravitation, but why was it then and why Newton ?
- Economics guided how to make money, but why to earn money ?
- Society suggested why to earn money but what is comfort
- Certificate tells me What am I, Geography tells me where am I, But Why am I ?
- Birds fly but humans cannot ? Humans can find how birds fly but birds cannot find. Why ?
- Is it all chromosomes and probability ? Do we compromise on our cause and effect stand ? **Spirituality ties the loose ends.**

Fundamentals of Spirituality

- A myth – spirituality contradicts reality
- The fact – spirituality validates reality, effectively channelizes human energy
- It distinguishes the eternal Atman and the perishable body - this enhances our confidence and effectiveness
- It establishes God as the Supreme and Omniscient – this brings discipline
- It unravels the theory of karma – this makes humans do good and abstain from bad

What is required of us ?

- Devote some time to study spirituality.
- Accept that many scientist and logicians have been spiritual and so a probe is useful
- Realize that there are truths beyond physical perception
- Think why people from all disciplines study spirituality
- Know that there is a niche space for dedication standing out of this intelligent competitive world
- Agree that universe includes all specie and so cannot sacrifice others for the sake of human comfort.

Challenges and solution in the present context

- Logical thinking – Nyaya sastra
- Positive thinking – Bhagavad Gita
- Effective presentation – Vyakarana sastra
- Dispel fear and install confidence – Upanishads
- Service to needy – selflessness and detachment – life and history and preceptors
- How to invest for today and tomorrow – Dharma and artha sastra
- Peace – Equanimity (sama darshanam) – Gita
- Environment – Itihasa
- Family feud – Neeti sastra
- Life style and disease – Anhika sastra